

A COMPARATIVE STUDY OF PERSONALITY TRAITS BETWEEN MALE AND FEMALE ON VOLLEYBALL PLAYERS

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Abstract :

The motive of the remark was to take a look at possible correlations and versions of character and trait anxiety amongst male and lady volleyball game enthusiasts. The sample consisted of 79 Division A & C volleyball athletes (35 men and 40 4 women). Personality factors had been investigated with the use of IPIP (International Personality Item Pool), whilst for trait anxiety the STAI - X2 (State - Trait Anxiety Inventory) questionnaire was used. Statistically vital versions had been determined amongst male and girl volleyball game enthusiasts regarding the factors of extraversion, agreeableness, and emotional stability. In the the relaxation examined factors, that is, trait anxiety, interest and intellectual capacity- imagination, no statistically vital versions had been determined. A differentiation was moreover determined regarding the relationship of factors while gender was determined on as a criterion. The results show that male athletes had been stimulated to a completely unique degree on character factors in comparison to girl athletes. Further research is needed to investigate versions a number of the 2 genders thru the usage of samples from distinctive institution and character sports.

Introduction :

Until now, there is not a usually hooked up definition of character, due to the fact the trends, structure, way of development, and particular behaviors due to the intellectual meaning of character are manifested in a very particular way for each person. As a popular tendency, each researcher defines character based totally absolutely on the have an effect on of each precept or approach that the researcher follows (psychodynamic, behaviorism, client-targeted etc.). Nowadays, character is a part that now now not quality affects the lifestyles of a person substantially, but moreover defines ones success, career, happiness, and relationships in lifestyles, all factors that constitute character based totally mostly on non-public trends which may be defined as “the big 5 factors”. Researches of character are greater centered on theories that try to offer an reason for situations, because of the truth such theories provide greater flexibility at the reason of the interaction a number of the person and the environmental factors. On the opportunity hand, the model of 5 factors strives to encompass senses regarding the predisposition of a person According to Costa and McCrae (1997) “the big 5 factors” are the equal every for particular civilizations and for particular languages. This, in turn, proves their globalization, with the score and self-evaluation that a person achieves very last stable all through lifestyles. Nevertheless, some researchers do now now not manual the globalization of the 5 factors, due to the fact the model is based totally mostly on an unauthorized desire approach thru interrelations of empirical factors. The above model was done as a theoretical framework thru many researchers to offer an reason for the meaning

of character, which was incorporated into their questionnaires. According to Hofstee, De Raad, and Goldberg (1992), studies that derive from 3 domains contributed to the model of 5 factors. These domains encompass the assessment of factors in lingual standards, the relationship a number of the questionnaires of predisposition with distinctive questionnaires and scales of evaluation, and the assessment of the genetic trends of character.

Review of literature :

Some researchers manual that it is viable to provide an explanation for an guy or woman's personality via the usage of a whole lot much less than 5 factors. Others claim that greater factors are wished, approximately 7 (at the side of honesty and dependence or readiness for chance taking), to be able to examine reliably the meaning of personality. Pervin (1993) who studied relative theorists of personality, concluded that many researchers reading predisposition developments claim that personality consists of greater than 5 critical factors, at the side of selfimage, self-notion, cognitive styles and unconscious. In addition, there can be extraordinary thoughtfulness and hesitation regarding the potential of human beings to provide an explanation for reliably and validly themselves on selfevaluation questionnaires. Furthermore, even as the sample of the examined people derives from severa populations, then, it is obvious, that every the assessment and the evaluation of these factors are difficult to measure. The model of 5 easy factors is focused on the stableness of personality therefore it does now now no longer allow speak regarding the possibilities and the techniques of personality change. Also, the denomination of the big 5 factors is not a now no longer unusualplace notion via all researchers. On one hand, they all take transport of extraversion and neuroticism, but on the other hand they disagree regarding the denomination of the rest 3 factors. Especially, there can be a robust discrimination among researchers concerning openness to experience, as this issue carries requirements regarding culture, autonomy, intensity, mind and principles.

According to Kane (1978), there can be a shape of athletic personality, which differs from the general population specifically features, characterized via control abilities, socialization, self-confidence, social status, low levels of stress, immoderate emotional stability, non autocratic behavior and resistance in pain. According to Morgan (1980), personality developments are able to offer an reason behind athlete's normal overall performance at 20% to 45% and on the facet of various theoretical strategies they're anticipating behavior. Furthermore, Garland and Barry (1990) decided that personality factors at the side of emotional stability, dependence on the organization and steerage for hardness, are able to are anticipating normal overall performance of immoderate level college football gamers. Also, the consequences of the Piedmont, Hill, and Blanco (1999) look at utilising the model of big 5 factors to are anticipating athletic normal overall performance, observed out that neuroticism and interest are notably related to athletic normal overall performance.

Methodology :

The pattern consisted of 79 volleyball athletes (35men, 44women). The imply age turned into 24.94 years for guys (SD = 3.71) and 19.27 years for women (SD = 4.39). Questionnaires have been dispensed to male and lady athletes in volleyball courts after the quit in their training, with overall time wished to finish the questionnaire starting from 15 to

25 minutes. Research participation of the volleyball athletes turned into voluntary and questionnaires have been and anonymous and confidential.

Analysis :

Statistical evaluation turned into carried out the use of the 19.00 SPSS model and covered Cronbach's α reliability evaluation and components' correlation the use of Pearson's r . Differences among genders of the individuals (males-females) and age variations have been analyzed the use of t-check for unbiased samples and One-manner ANOVA. Significance stage turned into set at 5%.

Descriptive data of trait tension and character elements among male and lady volleyball gamers is proven in Table 1. The consequences confirmed statistical enormous variations for extraversion $t=-2.17$, $df=77$, $p=0.033$, agreeableness $t=-4.02$, $df=77$, $p=0.001$, and emotional balance $t=-2.16$, $df=77$, $p=0.034$ elements. No statistical enormous variations had been observed among male and female volleyball athletes for trait tension, awareness and highbrow ability – imagination. It appears that male individuals show off much less extraversion and agreeableness however display greater emotional balance as compared to female volleyball gamers.

Table 1. Descriptive statistics of Trait Anxiety and Personality factors between male and female volleyball players			
Factors	Mean &SD (N=79)	Mean &SD MEN (N=35)	Mean &SD WOMEN (N=44)
Trait Anxiety	38.41±8.11	37.62±7.35	39.05±8.71
Extraversion	34.23±9.72	31.63±6.84	36.30±11.16
Agreeableness	41.30±6.02	38.51±6.78	43.52±4.23
Consciousness	36.24±6.96	34.86±6.87	37.34±6.91
Emotional Stability	29.75±7.91	31.86±7.84	28.07±7.63
Intellectual Ability – Imagination	37.03±5.83	37.14±5.89	36.93±5.85

Conclusion :

Overall, the results of this take a look at did now now not screen statistically big versions amongst male and lady volleyball athletes concerning trait anxiety, interest and intellectual ability – imagination. On the contrary, statistically big versions had been decided amongst male and lady athletes almost about extraversion, agreeableness, and emotional stability elements. It appears that male athletes in comparison to lady athletes appear lots much less extraverted. That is lots much less cordial and social and they are seeking for to a lesser degree for emotions regarding recreation and activity. Furthermore, they appear extra sturdy emotionally, with lots much less anxiety, aggression and emotions of sadness, shyness and impulsivity whilst demonstrating lots much less agreeableness stressful lots much less to be likeable and attractive.

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