ISSN:

# **APPROACH/ ATTITUDE OF PARENTS TOWARDS** FEMALE PARTICIPATION IN SPORTS AND GAMES

### **Tariq Ahmad Wani**

Physical Education Teacher Department of Youth Services And Sports (Govt. of J&K) Email : wanitariq609@gmail.com

**Abstract**: The main aim for the investigation was to decide the parental disposition towards female cooperation in sports and games of Anantnag District of Kashmir Division. The investigation was delimited to region Anantnag of Kashmir Division of both metropolitan and provincial regions. 60 subjects have been chosen for the current examination. Irregular testing technique was utilized for the assortment of information. To break down the information, rate and recurrence strategy were applied to discover the level of guardians (AGREE and DISAGREE) with the different assertions of poll for assessment of parental approach towards female investment in sports and games

Key Words: Attitude, Female Participation, Sports, Games

### Introduction:

Really, it has been seen that the "normal sales of the universe" included man to the business place, lady at home with her family, lady the whore of home life, man the expert of all else, man the reasonable analyst, lady the gatekeeper of ethics, man winning, and lady subordinate. The combination of agreement between the two sexual headings attempted the establishment of the social sales. Women's games in the last piece of the 1800s focused in on right position, facial and significant greatness, and prosperity. In 1916 the Amateur Athletic Union (AAU) holds its first open title for Women (Jessica Padgett).

Women's resistance in games has been objected to by various social requests previously. The games establishment of facilitated game in the nineteenth and mid 20th century incited a paternalism that would as a rule cripple women's commitment in games, with, for example, no women definitively battling in the 1896 Olympic Games. The 20th century saw critical advances in light of a legitimate concern for women in games, disregarding the way that women's help as fans, chiefs, specialists, coaches, writers; and contenders remains all around not actually men's. Mass affiliation will when all is said in done help sports, for instance, swimming and high effect work out, and will all in all pressing factor the genuine points not as much as men. The improvement has been somewhat identified with the drive for additional ladies' benefits. In the United States, female understudy's support in games was essentially maintained by the Act in 1972, forestalling sex parcel and equivalent opportunities for ladies to investigate game at all levels. Pressing element from sports financing bodies has additionally improved sex balance in games.

**Attitede**: According to Webster word reference, "Disposition is an inclination or a propensity to react decidedly or adversely towards a specific thought, item, individual or a circumstance. Disposition impact's an individual decision of activity, and reaction to challenge's, impetuses and prize's together called improvements.

**Sports**: is "diverting from work" (dis and doorman) recommended an outright opportunity of action. The significant point of it is amusement. Game is found in a lot more extensive point of view than any time in recent memory. Game, indeed, is a disposition of brain. Game is entertainment, for "hereditarily invested" ones it is rivalry. The way to dominate and accomplish exclusive requirement's in exhibition. Game is systematized. Rule's of association and rivalry are very much characterized. For each game control with research and logical contribution's .there is steady exertion by competitors to improve standard in execution and accomplish flawlessness in skill's. Sports can be played ever in mature age contingent on the state of being of the competitor individual (Kamlesh. 2008)

### Methodology:

Source of Data

The Subjects were selected from District Anantnag of Kashmir Division.

**Selection of Subjects :** ixty (60) subjects were chosen i.e.: both male and female guardians have been chosen for the current examination from both country and metropolitan spaces of locale Anantnag of the Kashmir division for this investigation. Agent utilized basic arbitrary inspecting for assortment of the information.

**Sampling Method**: The subjects were selected from District Anantnag of Kashmir Division through simple random sampling method.

**Selection of Tool :** An independent poll (questionnaire ) has been utilized for assessing the mentality of guardians towards the female investment in sports and games for both metropolitan and country spaces of locale Anantnag of Kashmir Division.

**Statistical Technique used:** In order to analyze the data percentage & frequency methods were applied to find the percentage of parents AGREE & DISAGREE with the various statements of questionnaire in order to evaluate the parental attitude towards female participation in sports.

**Results and Findings:** To investigate the approach of guardians towards female cooperation in sports recurrence and rate technique were utilized.

Rate/recurrence investigation of reactions of guardians for the different assertions identified with Parental attitude / approach towards female interest in sports are addressed in the accompanying tables

ISSN :

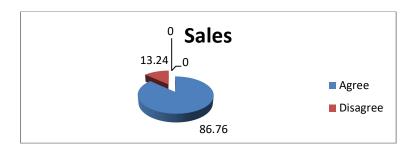
The Graphical representation of responses for statement 1-19 are depicted in graph 1-19 for parents:

### 1) There should not any gender hindrance for girls to participant sports:

#### Table No.01

	Frequency	Percentage (%)
Agree	59	86.76
Disagree	09	13.24
Total	68	100.0

Table No. 01 shows that 59 parents agree with the statement and 9 parents disagree.

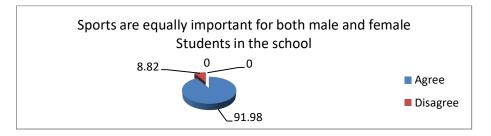


The figure No. 01 shows that 86.76% parents agree with the above mentioned statement, and 13% of parents disagree with the above mentioned statement.

# 2) Sports are equally important for both male and female students in the schools.

	Table No.02	
	Frequency	Percentage (%)
Agree	62	91.98
Disagree	06	8.82
Total	68	100.0

Table No. 02 shows that 59 parents agree with the statement and 6 parents disagree.

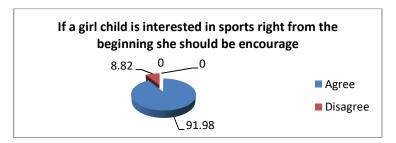


The Figure No. 02 shows that 91.98% parents agree with the above mentioned statement, and 8.82% of parents disagree with the above mentioned statement.

# 3) If a girl child is interested in sports right from the beginning she should be encourage..

	Table No.03	
	Frequency	Percentage (%)
Agree	61	89.71
Disagree	07	10.29
Total	68	100.0

Table No. 03 shows that 61 parents agree with the statement and 7 parents disagree.



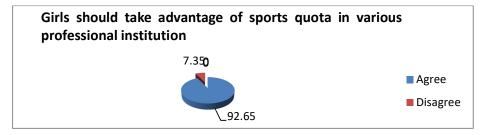
The Figure No. 03 shows that 90% parents agree with the above mentioned statement, and 10% of parents disagree with the above mentioned statement.

### 4) Girls should take advantage of sports quota in various professional institutions.

Table No. 04	Table	No.	04
--------------	-------	-----	----

	Frequency	Percentage (%)
Agree	54	79.42
Disagree	14	20.58
Total	68	100.0

Table No. 04 shows that 54 parents agree with the statement and 14 parents disagree.

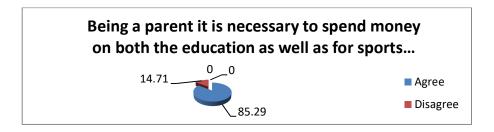


The Figure No. 04 shows that 97% parents agree with the above mentioned statement, and 21% of parents disagree with the above mentioned statement.

1) Being a parent it is necessary to spend money on both the education as well as for sports activities of your gild child.

Table No. 05	
Frequency	Percentage (%)
58	85.29
10	14.71
68	100.0
	Frequency 58 10

Table No.5 shows that 51 parents agree with the statement and 17 parents disagree.



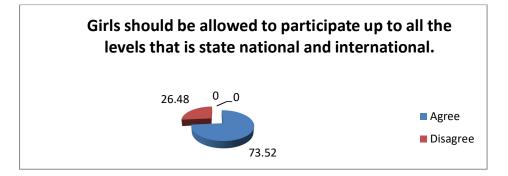
The Figure No. 05 shows that 85% parents agree with the above mentioned statement, and 15% of parents disagree with the above mentioned statement.

1) Girls should be allowed to participate up to all the levels that is state national and international.

### Table No. 06

	Frequency	Percentage (%)
Agree	50	73.52
Disagree	18	26.48
Total	68	100.0

Table No. 06 shows that 50 parents agree with the statement and 18parents disagree.

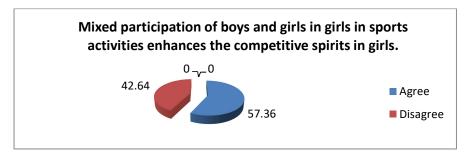


The Figure No. 06 shows that 74% parents agree with the above mentioned statement, and 26% of parents disagree with the above mentioned statement.

1) Mixed participation of boys and girls in girls in sports activities enhances the competitive spirits in girls.

Table No. 07	
Frequency	Percentage (%)
39	57.36
29	42.64
68	100.0
	Frequency 39 29

Table No. 07 shows that 39 parents agree with the statement and 29 parents disagree.



The Figure No. 07 shows that 57% parents agree with the above mentioned statement, and 43% of parents disagree with the above mentioned statement.

Almost all the parents showed a good realization of importance of sports towards female children, but many parents are against the mixed participation of both the sexes. Besides this majority of parents are ready to support their female children finically for their sports activities. They are ready to provide them with the necessary facilities for their sports activities.

### **Conclusion:**

The discoveries of the investigation revealed that majority of parents possess positive attitude towards female interest in sports. 77.16% of guardians have concurred that female cooperation in sports have added to the improvement of their physical, enthusiastic, mental and social parts of their life. The investigation shows that there ought not be any sexual orientation obstruction for females to partake in different occasions at National, International and Olympic level. Presently a-days females are given prime and equivalent significance as their male partner. Hopefully this study may contribute towards some positive changes from the parents point of view regarding female participation in sports.

### Suggestions

- Parents should give full consent to their daughters to participate in each and every sports activities.
- Parents should be optimistic towards the participation of their daughters in various sports events.

- Parents should provide their female children all the necessary facilities required for their sports activities.
- Parents should not discriminate their children on the basis of sex to participate in various sports activities.
- The provision for physical activity should be kept for girls' students' right from the infancy stage.

## References

- Berk, L A. (1997). Child Development, 4th edition. Allyn and Bacon.
- Bishop, G.D. (1994). Health Psychology, Integrating mind and body.Allyn and Bacon. Boston.
- Brustard, R.J. (1992). Integrating socialization influences into the study of children's motivation in sport. Journal of sport & exercise psychology. Coakley, J.J. (1986) Socialization and youth sport, in Rees, C.R. Sport and social theory. (Chapter 9).Human kinetics: Illiinois.
- Costa, D.M. & Guthrie, S.R. (1994). Women & sport: interdisciplinary perspectives. Braun-Brumfield.
- and recreation. I 9.39-47.
- Digest. E. (1998).The effects of socio-economic status on girls' sports participation.Information analysis.
- Eitzen. D.S.& Sage, G.H. (1993). Sociology of North American sport IA W.C. Brown.
- Engei. A. (1994).Sex roles and Gender Stereotypes in Young Women's participation in sport.Feminism & Psychology. 3, 439-448.
- Kamlesh M.L. (2008). Foundation of Physical Education.Khelsatya Kendra New Delhi.
- Frankl. D.& Hansen, K. (1999, March). Gender bias in popular body building Magazines. Paper presented at the 66th Annual CAHPERD State Conference, Long Beach, March, 12-14.